




 airfield estate

An illustration of a sheep with a thick white woolly coat and a black face and legs, standing in a green field. In the background, there are rolling green hills under a light blue sky with a few white clouds and three small birds flying in the upper left. The entire scene is framed by a decorative border with a repeating pattern of small, rounded rectangular shapes.

Living on an island where sheep are dotted across the landscape, most people have a relative who knit them the well-known woollen jumper.

Part of our heritage, knitting is enjoying a comeback and we are delighted to host *Knitting Across the Nation: Airfield to Aran*.

In addition to connecting with the heritage of Irish wool, the art of wool processing, and natural plant dyes, you will master some traditional knitting stitches and discover some creative ways to personalise your work.

TOOLKIT

Abbreviations: Knit = K, Purl = P

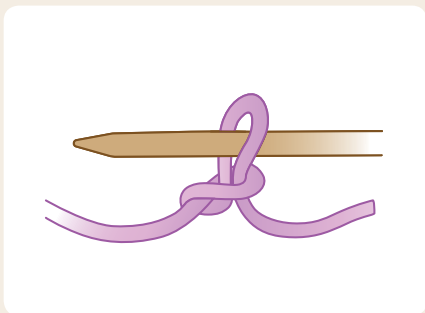
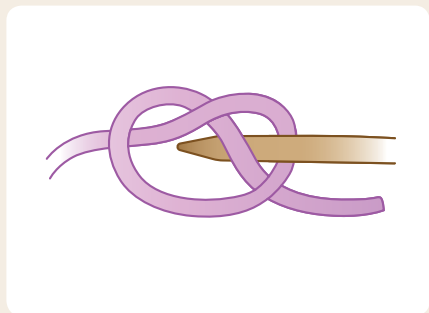
CAST ON

Hold needle with slip knot in left hand, insert right needle into front of stitch, loop yarn around needle and draw the loop through the slip knot to form a stitch. Transfer the new stitch to the left needle and repeat to form as many stitches as needed.

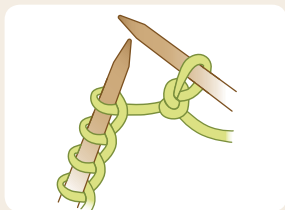
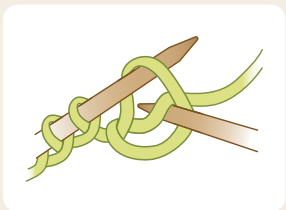
CAST OFF

Knit two stitches, using tip of left-hand needle, pull first stitch knit over the second leaving one stitch on right-hand needle. Knit one, pull previous stitch over as before. Continue to end, cut wool leaving 30 cm 'tail,' pull through last stitch.

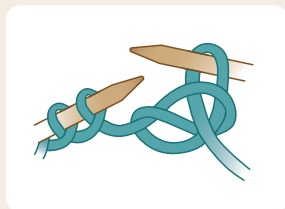
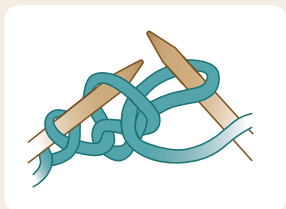
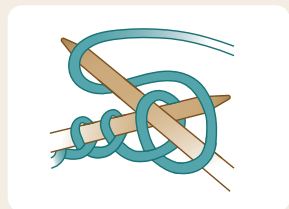
SLIP KNOT / FIRST STITCH



KNIT



PURL



For more useful tips visit: www.airfield.ie/cruinniu-na-nog

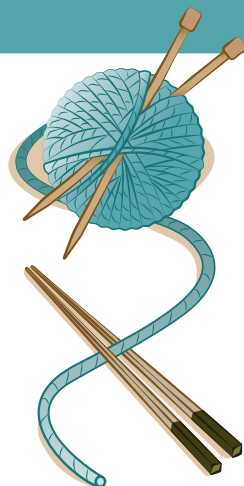
Creative Beginnings

To knit a pair of handwarmers you will just need a little imagination, a 50 gm ball of double-knit wool, a pair of 4.5mm knitting needles, and a darning needle.

Alternatively, you could get creative and try some of the following options:

- ✓ Chopsticks and ribbon
- ✓ Pencil and garden twine
- ✓ Drumsticks and tee-shirt (cut into narrow strips)

In place of a darning needle, you could use a crochet hook to join your knitting, or you can make a needle from stiff card.



LET'S GET KNITTING

Handwarmers: Garter Stitch

BEGINNER

Size: One size **Materials:** 50 gm Wool, pair 4.5mm needles, darning needle.

INSTRUCTIONS

Cast on 32 stitches.

Row 1: Knit to end.

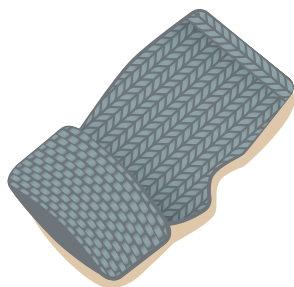
Row 2: Knit to end.

Repeat rows 1 and 2 until your work measures 18 cm in length – you can make it longer or shorter if you like.

Cast off, leaving a 30 cm 'tail' of wool.

Place the two long ends of your work side by side. Using a darning needle and the 'tail' of wool stitch the sides together for 4 cm, for the next 4 cm only stitch one side – this will form the hole for your thumb – for the last 10 cm stitch both sides together. When you reach the end do a double stitch, thread the 'tail' through the knitting and cut. Be careful not to cut your work!

Repeat all for second handwarmer.



Handwarmers: Stockinette Stitch

INTERMEDIATE

Size: One size **Materials:** 50 gm Wool, pair 4.5mm needles, darning needle.

INSTRUCTIONS

Cast on 32 stitches.

Row 1: (K2, P2) repeat to end of row.

Row 2: (K2, P2) repeat to end of row.

Repeat rows 1 and 2, five more times – until you have 12 rows.

Row 13: Knit to end.

Row 14: Purl to end

Repeat rows 13 and 14 until your work measures 18 cm in length – you can make it longer or shorter if you like.

Cast off, leaving a 30 cm 'tail' of wool.

Place the two long ends of your work side by side. Using a darning needle and the 'tail' of wool stitch the sides together for 4 cm, for the next 4 cm only stitch one side – this will form the hole for your thumb – for the last 10 cm stitch both sides together. When you reach the end do a double stitch, thread the 'tail' through the knitting and cut. Be careful not to cut your work!

Repeat all for second handwarmer.

Handwarmers: Ribbon Tie

ADVANCED

Size: One size **Materials:** 50 gm Wool, pair 4.5mm needles, darning needle, 50cm of ribbon.

INSTRUCTIONS

Cast on 32 stitches.

Row 1: (K2, P2) repeat to end of row.

Row 2: (K2, P2) repeat to end of row.

Repeat rows 1 and 2, five more times – until you have 12 rows.

Row 13: Knit to end.

Row 14: Purl to end

Row 15: (yarn round,* P 2 stitches together). Repeat to end of row.

Row 16: Knit to end.

Row 17: Purl to end.

Repeat rows 16 and 17 until your work measures 18cm in length you can make it longer or shorter if you like.

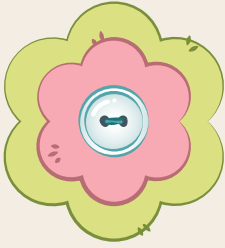
Cast off, leaving a 30 cm 'tail' of wool.

Place the two long ends of your work side by side. Using a darning needle and the 'tail' of wool stitch the sides together for 4 cm, for the next 4 cm only stitch one side – this will form the hole for your thumb – for the last 10 cm stitch both sides together. When you reach the end do a double stitch, thread the 'tail' through the knitting and cut. Be careful not to cut your work!

Repeat all for second handwarmer.

Thread some coloured ribbon or wool through the eyelets and tie in a bow.

***Yarn round:** Bring yarn forward over the right needle, then back under it again into position for the next stitch.



CREATIVE KNITTING

EMBROIDERY

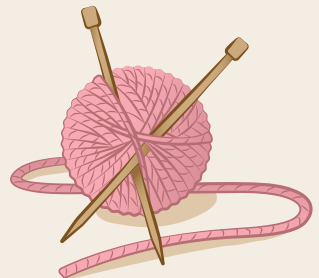
SWISS
DARNING

APPLIQUE

For information visit www.airfield.ie/cruinniu-na-nog

A valuable life skill, the art of knitting, in addition to being creative, improves dexterity and hand-eye coordination.

Once you have mastered the basic techniques, you should find the physical process relaxing, and will be rewarded with beautiful work.



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www.airfield.ie/cruinniu-na-nog





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Clár Éire Ildánach
Creative Ireland
Programme
2017-2022

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12.06.2021 
Cruinniú na nÓg